

CURRICULUM VITAE

Sherrie Gould, MSN, NP-C, CRMD

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Profile

Sherrie Gould, MSN, NP-C, CRMD currently works as a specialty nurse practitioner at the Scripps Clinic Movement Disorders Center in La Jolla, CA where she follows patients with movement disorders including Parkinson's Disease, essential tremor and dystonia.

In 2025 Sherrie earned her national certification in Movement and Related Disorders (CMRD) as an Advanced Practice Provider in Movement.

Sherrie Gould NP is currently a sub-Investigator working with Dr Melissa Houser on research which is focusing on genetically matched cell replacement therapy for Parkinson's Disease.

In 2011, in support of the Parkinson's population, she spearheaded a grassroots project to raise funds for a non-embryonic stem cell research project for Parkinson's Disease. The fundraising for the project has included a 2011 fundraising climb to the summit of Mt. Kilimanjaro, a 2013 climb to the base camp of Mt. Everest, and another fundraising climb on the Salkantay trek to Machu Picchu. In 2018 she led a group on a pilgrimage on the Camino de Santiago in Spain to empower people with Parkinson's and in 2022 lead a group through the Dolomite mountains in northern Italy. The Kumano Kodo pilgrimage in Japan was completed in 2024 and plans are being made for a 10-day trek in Bali in 2026. All six climbs have included many patients with Parkinson's and have been fundraisers for Parkinson's research and/or services.

Sherrie co-created the “Parkinson’s Boot Camp” that is offered at Scripps Center for Integrative Medicine twice a year. She has been instrumental in the plan and execution of the five-day Parkinson’s cruise offered to the Parkinson’s community and is instrumental in organizing and speaking at an annual Empowerment for Parkinson’s conference held annually in San Diego.

On two consecutive years Sherrie was awarded the Health Hero Award of San Diego for her dedication to the Parkinson’s Community. She has also received special recognition by the San Diego Chapter of the California Association of Nurse Practitioners for her outstanding work in the area of Parkinson’s disease and her support of research for Parkinson’s.

In 2018 she was awarded the Nurse Practitioner of Distinction by the North County Chapter of the California Association of Nurse Practitioners. In 2019 she was the honoree at the annual Parkinson’s Association of San Diego Gala

In October, 2023 Sherrie Gould NP was given the “Sherrie Gould MSN, NP-C” award that will be given annually to other NP’s and PA’s in Movement Disorders that have gone above and beyond traditional role of the Nurse Practitioner.

Sherrie had the honor of receiving the “Kathy Bruyer award” in December of 2024. This prestigious recognition given by the San Diego Parkinson’s Association goes to one person a year who has shown dedication and given back to the Parkinson’s community in the San Diego area.

Sherrie Gould is a professional speaker for Parkinson’s education and has had the opportunity to serve on several Parkinson’s advisory boards across the county.

She currently holds the title of Advisory Board Chair for the Advanced Practice Provider Network in Movement Disorders and has held a crucial role in developing a national network dedicated to supporting Nurse Practitioners and Physician Assistants who work in the field of Movement Disorders. She holds the title of Chair of the AMDAPP certification board where she and other Advanced Practice Providers and Movement Disorder doctors have created a national certification for APP's in Movement Disorders.

Sherrie is actively involved in every aspect of AMDAPP (Association of Movement Disorders for Advanced Practice Providers) where she continues to be committed to help change and expand the future professional privileges of the nurse practitioner.

Career History

Feb 2007 to Present

Scripps Clinic, La Jolla, California

DBS Programmer, Nurse Practitioner

Responsible to see patients with all movement disorders. Responsible for DBS programming, UPDRS scoring. Has an active role in coordinating all DBS team meetings at Scripps Clinic.

Jan 2015 to Present

Medtronic

Faculty Member / Expert Nurse DBS Programmer

As Faculty – product training, peer mentoring, proctorship training, and content development. As Expert Nurse Programmer – patient consultations regarding the pros and cons of DBS.

Boston Scientific

As Faculty – product training, peer mentoring, proctorship training, and content development. As Expert Nurse Programmer – patient consultations regarding the pros and cons of DBS.

Feb 2002 to Feb 200.

Scripps Health, San Diego, California
Breast Cancer Prevention Program for the Underprivileged

In charge of monitoring and evaluating clinic performance in carrying out obligations of the Breast Cancer Prevention Program.

Mar 1999 to Feb 2001

University of California, San Diego, California
Education Officer for Underprivileged Patients

In charge of setting up educational programs at community clinics that promoted preventative health management.

Apr 1980 to Jun 1984

San Diego City Schools, San Diego, California
School Nurse

In charge of children's health at both elementary and middle schools in San Diego County. Duties included health promotion and disease prevention, immunizations, and monitoring health records of all students.

Jan 1979 to Mar 1980

San Diego Department of Public Health
Public Health Nurse

Duties included home visits to pregnant and new mothers, sick adults and children, and diabetic follow up.

Stimulation at dorsal and ventral electrode contacts targeted at the subthalamic nucleus has different effects on motor and emotion functions in Parkinson's disease

Ian Greenhouse, **Sherrie Gould**, Melissa Houser, Gayle Hicks, James Gross, Adam Aron

Stimulation of contacts in ventral but not dorsal subthalamic nucleus normalizes response switching in Parkinson's disease

Ian Greenhouse, **Sherrie Gould**, Melissa Houser, Adam Aron

Impact of Isolation During the COVID-19 Pandemic on the Patient Burden of Parkinson's Disease: A PMD Alliance Survey

Neal Hermanowicz, Maria Ospina, Yasar Torres-Yaghi, **Sherrie Gould**, Kelly Papesch, Jason Rivera, Stephanie Miller, Sarah Jones, Kelli Musick, Damian May

Evaluating the Impact of Levodopa-Induced Dyskinesia and OFF Time in Persons Affected by Parkinson's Disease: Results of a PMD Alliance Survey (4624)

Jill Farmer, **Sherrie Gould**, Salima Brillman, Mindy Bixby, Anissa Mitchell, Maria Ospina, Judy Lytle

Combined accelerometer and genetic analysis to differentiate essential tremor from Parkinson's disease.

Bhuvan Molparia, Brian Schrader, Eli Cohen, Jennifer Wagner, Sandeep Gupta, **Sherrie Gould**, Nelson Hwynn, Emily Spencer, Ali Torkamani

Deep brain stimulation of the subthalamic nucleus versus the zona incerta in the treatment of essential tremor

Patric Blomstedt, Ulrika Sandvik, Jan Linder, Anna Fredricks, Lars Forsgren, Marwan Hariz

**National Speaking
and
Consulting**

Acadia Pharmaceuticals
Accorda Pharmaceuticals
Amneal Pharmaceuticals
Neurocrine Pharmaceuticals
Kyowa Kirin Pharmaceuticals

Medtronic – Medtronic Faculty and DBS Nurse Expert
Abbott Consultant
Boston Scientific Consultant

PMD Alliance consultant

Education

University of San Diego School of Nursing,
2004-2006
Masters of Science in Nursing
Family Nurse Practitioner

San Diego State University
2001-2002
Public Health Credential School Nurse Credential

University of Michigan School of Nursing
1974-1978
Bachelor's of Science in Nursing

**Professional
Training**

DBS Programing
Parkinson's Treatment and Therapies

**Board
Certifications**

Board of Registered Nurses
American Academy of Nurse Practitioners
CMRD (Certification in Movement and Related Disorders)

**Professional
Cell**

Executive Director/Founder, Summit 4 Stem

**Memberships
and Activities**

California Association of Nurse Practitioners
Former Board Member, The Parkinson's Association,
Member of the Movement Disorder Society
Member of the American Academy of Neurology
Executive Committee Member of AMDAPP

**Honors and
Awards**

Health Hero of San Diego
Health Hero of San Diego
Professional Recognition from the California
Association of the Nurse Practitioners.
Honoree at the Parkinson's Association Gala,
Sherrie Gould Award of Excellence from AMDAPP

**Community
Service**

Founder and Executive Director of the Fundraising
group Summit 4 Stem Cell. Approximately 20
hours/week spent in volunteer work.

Six months of every other year committed to
organizing and training people with Parkinson's
to climb mountains around the world

Activities

Cycling, mountain climbing, downhill skiing,
hiking, rowing, snow shoeing, cross country skiing

Natively Fluent in Spanish

References

Melissa Houser, MD
houser.melissa@scrippshealth.org

John Boyer
johnboyer@maximus.com

Kelly Papesh, DNP, CRMD
Kelly@AMDAPP.org