

Kelly Papesh, DNP, APRN, FNP-C, CMRD - Nurse Practitioner

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LINKS

[LinkedIn](#)

PROFILE

Doctorally-trained family nurse practitioner with 15+ years of clinical experience in neurology & psychology with a specialty of over 8 years in movement disorders. I am passionate about advancing the field of advanced practice providers through increased visibility, professional development and outreach. By improving access for patients and families with Parkinson's disease and movement disorders, we will be lifting up communities and, ultimately, improving the health care journey for the heart of it all, the patients. I am determined to make a difference in the world of Parkinson's disease & Movement disorders.

EMPLOYMENT HISTORY

November 2024 — Present

NeuroMotion Telehealth, LLC **Nurse Practitioner, Co-Founder, Co-Owner**

Co-founded a telehealth company specializing in movement disorders to expand access to high-quality care for individuals living with Parkinson's disease and related conditions. Established a nationwide network of nurse practitioners certified in movement disorders to provide comprehensive, patient-centered care. Led strategic development, operational oversight, and provider recruitment to ensure accessible, expert-led telemedicine services for patients, families, and communities. Launching April 2025.

January 2023 — Present

Association of Movement Disorder Advanced Practice Providers (AMDAPP) **Executive Director**

Co-founded and lead AMDAPP to advance the role of advanced practice providers in movement disorders. Established a national certification program to standardize expertise, develop and manage organizational budgets, and spearhead professional development initiatives. Focused on raising visibility, improving access to specialized care, and fostering a collaborative network to enhance patient outcomes. Oversee strategic growth, advocacy efforts, and educational programming to support APPs in delivering high-quality care for Parkinson's disease and other movement disorders.

Apr 2022 — Present

Parkinson & Movement Disorder Alliance **Clinical Director**

Lead APP and HCP initiatives to ensure network growth and engagement through a variety of programs that add to the provider experience • Oversee HCP strategy ensuring that the PMD Alliance and the HCP community relationships grow and engagement deepens, utilizing unique differentiators for serving APPs and HCPs • Oversaw and guided the APP Advisory Committee, using committee's input to inform and improve APP initiatives (later formed into AMDAPP) • Curate CME offerings for APPs to deepen professional development • Plan and execute medical education conferences, such as ATMRD as co- course director/planner • Support, oversee and direct projects related to surveys, publications, posters and other influential documentation for APP and HCP professionals.

Jan 2017 — Dec 2022

Cleveland Clinic - Lou RuvoCenter for Brain Health **Nurse Practitioner/APP Manager**

Neurology Assessment, diagnosis, treatment and management of patients with a variety of movement disorders; Parkinson's disease, Huntington's disease, Essential tremor, Tardive Dyskinesia, Ataxia, Parkinson Plus syndromes, among others.

- Advanced DBS programming & candidacy work up
- Duopa management
- Botulinum toxin clinic
- Collaborate with other HCPs to direct and manage patients with comorbidities
 - often collaborating with psychiatry, cardiology, PCP, and GI
- Continuous Improvement: Promote change to add value and efficiency in current processes
- APP advocacy, met budgeting goals despite pandemic, new hires, marketing/community outreach, program development and education offerings through improvised platforms with virtual programs

2014 — 2017

Optum Health **RN Case Manager**

Eden Prairie, MN

Provide telephonic case management to members, Empower members to be participants in their healthcare

experience, Provide referrals to interdisciplinary team (social work, behavioral health, medical directors).

· Engage members in their health by encouraging healthy behavior change

· Provide admission counseling and discharge planning

2011 — 2014

Allina Health - Abbott Northwestern
RN Neuro/ Med Surg ICU

Minneapolis, MN

Management of the critically ill patient through monitoring of invasive Hemodynamic systems, ventilator monitoring and neurological assessments.

· Administration of moderate sedation

· Collaborative teamwork with healthcare team

EDUCATION

2016 — 2018

Doctorate of Nursing Practice - DNP , Frontier Nursing University

Graduated with honors

2014 — 2016

Master's of Science in Nursing - MSN, Frontier Nursing University

Graduated with honors

2009 — 2010

Bachelor's of Science in Nursing - BSN, University of Wisconsin -
Oshkosh

Accelerated BSN program - graduated with honors

2001 — 2005

Bachelor's in Health Promotion & Wellness, University of
Wisconsin - Stevens Point

Graduated with honors

HIGHLIGHTS

Professional Highlights

Skills/Experience

BoNT Injections +6YR

Leadership training and management

DBS assessment and programming -attended multiple advanced courses

Duopa programming

Ongoing CME attendance for learning and training of latest health developments within brain health, PD and related movement disorders

Presenting education events and activities

Community Outreach

Peer reviewer for Elsevier Publishing

Co founding member APProviders PMD Alliance Community

Parkinson's Foundation Mission & Outreach – SW Chapter 2020-2022

Advisory Board Amneal

Director of PD program at Brain Health Center of the Rockies

Pharmaceutical Industry Experience:

National Speaker Bureau - Abbvie Pharmaceuticals 2018

– 2022, Patient programs/HCP programs

National Speaker Bureau - Acorda Therapeutics 2019-2022

HCP programs/Patient Programs, virtual and live platform

National Speaker Bureau - Amneal Pharmaceuticals 2018-2022

LICENSES & CERTIFICATIONS

Advanced Practice Registered Nurse, NV Board of Nursing APRN 002437 (Exp 12/2029)
Member of: MDS, AAN, AANP, AMDAPP , PDNSA

AWARDS

POCN: NP of the Year - 2024
NeurologyLive: Clinician of the Month, April 2024

- 2019 MDS Poster Presentation: Parotitis as Adverse Event Following BoNT Injections for Sialorrhea Nice, France
K. Papesh, J. Nguyen. Parotitis as Adverse Event Following BoNT Injections for Sialorrhea [abstract]. *Mov Disord.* 2019; 34 (suppl 2).
<https://www.mdsabstracts.org/abstract/parotitis-as-adverse-event-following-bont-injections-for-sialorrhea/>
- 2019 MDS Poster Presentation: Atropine as an Alternate Therapy for Treatment of Sialorrhea in Parkinson's Disease Nice, France
K. Papesh, J. Nguyen. Atropine as Alternate Therapy for Treatment of Sialorrhea in Parkinson's Disease [abstract]. *Mov Disord.* 2019; 34 (suppl 2).
<https://www.mdsabstracts.org/abstract/atropine-as-alternate-therapy-for-treatment-of-sialorrhea-in-parkinsons-disease/>
- 2020 MDS Virtual Poster Presentation: Look Again: The Diagnostic Value of Repeat Dopamine Transporter Imaging
K. Papesh, Z. Mari. Look Again: The Diagnostic Value of Repeat Dopamine Transporter Imaging [abstract]. *Mov Disord.* 2020; 35 (suppl 1).
<https://www.mdsabstracts.org/abstract/look-again-the-diagnostic-value-of-repeat-dopamine-transporter-imaging/>. Accessed December 3, 2020.
- 2022 Impact of Isolation During the COVID-19 Pandemic on the Patient Burden of Parkinson's Disease: A PMD Alliance Survey
Hermanowicz N, Ospina MC, Torres-Yaghi Y, Gould S, Papesh K, Rivera JA, Miller S, Jones S, Musick K, May D. Impact of Isolation During the COVID-19 Pandemic on the Patient Burden of Parkinson's Disease: A PMD Alliance Survey. *Neuropsychiatr Dis Treat.* 2022;18:633-643
<https://doi.org/10.2147/NDT.S351691>